

Associated Students of UC Riverside (ASUCR) Office of the Vice President of External Affairs

202 Highlander Union Building, 900 University Ave, Riverside, CA 92521

UCR Post-Election Resource Guide

November 2020

Processing the Election

The Civics Hour: Join UCR students and staff remotely on **Wednesday, November 4th at 11am** for a session with *Student Affairs Case Management* and *Counseling and Psychological Services (CAPS)* to work through some of our stresses and learn from others how to best process this election. Link to join Zoom: bit.ly/thecivicshour. Contact Gerardo Medina at gerardo.medina@ucr.edu with questions or concerns.

UC Student Association (UCSA): The systemwide undergraduate student government for over 280,000 students across the UC system is hosting a Debrief the Elections office hours with the statewide UCweVOTE campaign on **Wednesday, November 4th from 1-3pm**. Link to register for Zoom call at tinyurl.com/debrief-11-4.

Undocumented Student Programs (USP): Join students and staff from UCR's Undocu Student Program office for a Post-Election Morning Check-In on **Wednesday, November 4th at 9am**. Register at tinyurl.com/USP-AM. This will be followed by a Processing, Healing and Activism Therapy session on **Wednesday, November 4th from 11am-1pm**. Register at tinyurl.com/USP-111. An Afternoon Post-Election Check-In will take place **at 2pm**. Register at tinyurl.com/USP-PM.

Counseling and Psychological Services (CAPS): Students who need professional help and confidential mental health support, contact UC Riverside's CAPS at 951-827-5531. CAPS offers free services to ALL UC Riverside students, regardless of a university insurance plan (USHIP) or not. Visit their website at <https://counseling.ucr.edu/>.

Student Affairs Case Management: Students facing very personal or particular difficulties with handling a crisis or managing a conflict and need assistance in navigating through a complicated situation can contact UC Riverside's *Student Affairs Case Management* for assistance and support services. Visit their website at <https://casemanagement.ucr.edu/for-students>, or you can email casemanager@ucr.edu or call 951-827-5000 to request an appointment with a Student Affairs professional staff member.

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Women's Resource Center (WRC): Join professional staff and students from the WRC for Feminist Fridays, starting on *Friday, November 6th from 2-3pm* for a General Election Debrief to unpack the results and share what they mean for our future, followed by a WRC Storytime on *Friday, November 6th at 4pm* with Community Leader Ben Reynoso. Link to join Zoom at <https://linktr.ee/ucrwrwc> under "Feminist Friday".

Protest and Safety

Know Your Rights as a Protestor: The national American Civil Liberties Union (ACLU) outlines the rights of protestors in the U.S., and should students from UC Riverside feel motivated to take action in democratic demonstrations responding to the election results in the coming weeks, we advise you to learn more at <https://www.aclu.org/know-your-rights/protesters-rights/>.

For more specific information on protesting rights in the State of California, and resources regionally that can be found in Southern California, you can visit the ACLU SoCal website Know Your Rights page at <https://www.aclusocal.org/en/know-your-rights/protesters>.

Safety During Protest Guide: Amnesty USA organized a one-pager with resources and information on tips to protesting safely, what to bring, and how to handle issues that may occur. You can access their Safety Guide at https://www.amnestyusa.org/pdfs/SafetyDuringProtest_F.pdf.

UCR Civic Engagement Coalition

The newly formed *UCR Civic Engagement Coalition* was created this academic year to empower UCR students to complete the 2020 U.S. Census and Get Out The Vote in the 2020 U.S. Elections. Spearheaded by the *Office of ASUCR External Affairs* and *UCR CALPIRG Students*, we built our coalition membership to include over 20 organizations and departments campus-wide.

As the most prominent nonpartisan, student-based civic engagement entity on campus, the UCR Civic Engagement Coalition has developed materials and programming to support student needs for the general election, as well as civic engagement resources beyond voting. Students who need help navigating the Elections Process can find more information by following the Coalition on Instagram and Twitter at @ucr_cecoalition, or checking out our [Linktree](#) and most importantly, our [Civic Engagement Toolkit](#).

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Our undergraduate student government serves to represent the interests and needs of students at UC Riverside to campus administration and our campus community. You can contact any of our Executive Officers or your individual college Senators at asucr.ucr.edu, or join us on Wednesday's at 6:30pm for [weekly Senate meetings](#) to make public comment and voice your concerns.

The Office of ASUCR External Affairs represents the interests of students at UCR to the Board of Regents and Office of the President, elected officials in local, state and federal government, and works with the systemwide [UC Student Association](#) to push collective UC student interests. Please email Vice President of External Affairs, Vincent Rasso, at asucrexternal@ucr.edu if you have any questions or concerns on how to engage in systemwide affairs and external advocacy!